



SEEKING QUALITY VOLUNTEERS

Our Mission: Empowering stroke survivors and their families with resources to recover, reclaim, and rebuild their lives.

As a small, local non-profit organization, Stroke Support Association (SSA) relies on donations for financial support and on volunteers to deliver our services. To support our mission, please apply to be a volunteer with us! There are a variety of rewarding opportunities for which your skills would be greatly valued and appreciated. More details are provided on the reverse of this flyer. Please apply online at our website.

Apply to be a volunteer with Stroke Support Association today at
<https://strokesupportassoc.org/volunteer>

- Support Group Facilitator
- Hospital Visitor
- Board of Directors Member
- Social Media Support
- Marketing and Website Support
- Administrative Support



OUTREACH

Social Media Support

Publish SSA specific news and events to social media channels. Create/edit accompanying images.

Requirements include: Computer skills and strong familiarity with social media and photo editing. Two to four hours a month.

Email Marketing

Prepare newsletter, support group meeting reminders, special events and presentation announcement in email marketing platform.

Requirements include: Prior experience creating, editing and sending emails via email marketing platform preferred. Photo editing skills preferred. Strong computer skills required. Four to six hours per month.

Website Updates and Related Work

Update content on Wordpress platform website as needed to keep content current. Update Board online repository. Update business citations, etc. as needed.

Requirements include: HTML coding and Wordpress skills. Familiarity with business citations and their maintenance. Four to twenty hours per month.

Event Representative

Help set up and attend health fairs and community events, representing SSA and sharing our services.

Requirements include: Ability to interact with diverse groups of people in a professional manner. Transportation to events. Two to six hours per event.

ADMINISTRATIVE SUPPORT

Support staff and Board members as needed and as able for a variety of tasks including, but not limited to:

- Calling for research information, such as a city for requirements to plan a "stroke walk."
- Mailing prep, e.g., envelope stuffing, postage stamp and label affixing.
- Taking photos at SSA events.

Requirements include: Computer and administrative skills. Able to work independently. Have tools necessary to complete tasks.

SUPPORT GROUP FACILITATOR

Facilitators fulfill a key role in our mission to provide support, resources and education to stroke survivors, caregivers and family members through weekly support groups. Orientation/training provided.

Requirements include: A background in a health-related field (nursing, social work, physical or speech therapy, or therapist) preferred. Three to six hours per month. Stroke support group meetings held in Long Beach on Tuesdays.

HOSPITAL VISITOR

Visit stroke patients in assigned Long Beach hospital to inform them of our services and gauge interest/seek permission for SSA to follow up after patient returns home.

Requirements include: Member of the Stroke Support Association's stroke survivors support group and have transportation to Long Beach area hospital.

BOARD OF DIRECTORS MEMBERS

Board members are responsible for shaping SSA's mission and direction, ensuring financial sustainability of organization, and ensuring organization leadership.

Requirements include: Prior involvement with SSA or related organization preferred. Prior experience as a non-profit board member or leadership role preferred. Board meetings convene bi-monthly for two hours. Committee meetings and activities also required. Three to eight hours per month.

APPLY AT

[HTTPS://STROKESUPPORTASSOC.ORG/
VOLUNTEER](https://strokesupportassoc.org/volunteer)

For questions, call Executive
Director at (562) 537-0556.